Handout Team @MedxAesthetic @ Nick_Arp

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FRAMEWORK

1. Think anatomically

- 2. Compression or Obstruction
- 3. Medical and/or surgical management may be required



4. Guided by patient's history - Use targeted questions



Consider early consultant involvement with a multi-disciplinary approach

HEART

- Dyspnea
 Hemodynamic collapse
- Edema / Heart failure symptoms
 - orthopnea
 - chest pain



*Elaborated below AMS Headaches Cord

BRAIN AND SPINAL CORD

Compression



- Jaundice
- Abdominal Pain
 - RUQ
- LFT Changes AST / ALT / ALP



GASTROINTESTINAL

- Functionally the same as a small bowel obstruction (SBO)
- Vomiting
 Constipation Nausea

Urinary retention
 Suprapubic pain

 Abdominal Pain **GENITOURINARY**



VASCULAR

- •DVT Unilateral leg swelling / pain
- •PE SOB, chest pain, hypoxia, tachy
- •SVC syndrome swelling of face

Metastatic Disease to Spine: Cord Compression

Anatomical

2/3 of cord compression cases are mets from: Lung > Prostate / Breast



Localized

Thoracic (60%)

LS (25%) CS (15%)

Signs and Symptoms

- Pain (91%)
- Leg weakness (79%)
- Sensory dysfunction (67%)
- Autonomic dysfunction (49%)
 - pre-treatment, neurological deficits, and time course are the strongest predictors of treatment outcome

Neurological Exam

- DRE for sphincter tone
 - unless neutropenic
- Test for loss of sensation in saddle distribution
- Strength and reflex exams
- Assess Gait
 - posture, base, step length, tandem, etc...

Management and Next Steps

- 10 mg Dexamethasone IV (reduce inflammation)
- Spine imaging (full spine MRI)
 - + imaging: rad-onc and spine surgery consult
- Continue 4 mg IV dexamethasone q6 h

Metastatic Disease to Brain: Altered Mental Status and Headaches

Anatomical

10-30% if patients with metastatic disease from: Lung > Breast



Signs and Symptoms

- Headaches (50%)
 Focal neuro deficits (33%)
- •Cognitive problems (33%) •New seizures (20%)

Physical Exam

- Thorough neuro exam to rule-out focal deficits that raise concern for stoke (hypercoagulability of cancer)
- Examination of eyes:
 - unilateral, or bilateral fixed pupils
- Vitals to identify elevated ICP

Cushing's Triad



- Hypertension
- Bradycardia
- Irregular respirations

Management and Next Steps

- Head CT to look for brain mets and signs of elevated ICP
- Chest CT to evaluate for occlusion of a port or other etiology of SVC obstruction 🗥
- Begin seizure prophylaxis (levetiracetam)
- Tissue edema Dexamethasone 4 mg IV q6 h Consult rad-onc or neurosurgery

